

SEPTEMBER PROGRAM HIGHLIGHTS



Agriculture

September was a busy month of field visits and farmer consultations. We finished up pesticide trainings for 2023 license holders and were busy planning for some upcoming events, including the Small Ruminant Field Day on October 25th and our annual Bull Breeding Soundness Clinic on October 28th.

Submitted by: Matthew Place

Farmer's Market Facility Project

Cooperative Extension continued its efforts to support the development of improved facilities for the Warren County Farmers Market. We continue to facilitate the activities of the Project Committee that was formed to provide recommendations to the County. The group met on September 7 to consider concept plans for a farmers market pavilion and provided feedback to Charla Duncan, Economic Development Director. The committee also discussed how the market can better serve limited resource audiences.

Submitted by: Paul McKenzie



Small Farms

This month small farms team attended the Eastern NC Small Farm Fest with several local farmers and area agencies. There, farmers learned how to select a site for high tunnel on permanence, structural soundness and budget. We also conducted training on how to install drip tape lines, pressure gauge, and how to connect fertilizer tank lines to a system for watering vegetables.

Submitted by: Reggie Stevenson





4-H Youth Development

For the month of September, 4-H partnered with Borderless Homeschooling Group to start a new club here in Warren County. This gives 4-H an opportunity to have school enrichment with youth outside of the traditional school system and bring youth together in our community! So far we have started a Raised bed garden built from recycled materials found in the community and started our seeds donated by NC State! This group will meet once to twice a week to learn different 4-H curriculum about healthy living and lifestyles. 4-H is also preparing for our 4 County Poultry Show and Sale on Saturday, October 28th. We wish all of our Showmen the best of luck!

Submitted by: Annie Poythress



Farmer's Market

September at the farmers market was a great time to go locavore and stock up on seasonal foods. During the month, a great mixture of Summer and Fall foods were available such as apples, squash, butternut squash, eggplant, mushrooms, figs, sweet potatoes, muscadines, and much more! On September 16th, we held an "Apple Day" event with apples provided by our vendor Steve Young, owner of Young's Orchard. The event was an "apple-solutely" delightful day filled with apple samples, dehydrated apple chips demonstration, games, and live music.

September 30th marked the first day the market welcomed EBT/SNAP customers! This was an exciting milestone for the farmers market! This accomplishment helps us further combat food insecurities and offer fresh, local produce to all customers. The last event for this season will be the "Holiday Market" on November 11th. This event will provide people with an opportunity to get all their holiday shopping done locally! Also, that day will conclude a productive market season!

Submitted by: Tamara Small

EFNEP

Warren County Expanded Food & Nutrition Education Program associate served Apple Corn Chili at Warren County Health Department supporting suicide prevention for the month of September! EFNEP partnered with Warren County Senior center and created homemade applesauce. Check out the Warren County Cooperative Extension facebook page for more recipes. Join EFNEP October 23 from 11am to 2pm to sample Pumpkin Bread while pumpkins are in season! EFNEP & the Warren County farmers market manager will be at Warren County Senior center once again preparing Pumpkin Ricotta stuffed shells October 24 at noon! Grandparents with parenting responsibilities, beat me there!

Submitted by: Nitasha Kearney



Upcoming Events

- **October 25:** Small Ruminant Field Day
- **October 28:** Bull Breeding Soundness Clinic
- **November 11:** Holiday Market
- **November 15:** Farm Labor Forum